

## Elizabeth Fry Society of Greater Vancouver Programs

### At Risk Programs

#### **WOMEN**

##### **Cynthia's Place**

Cynthia's Place is a residential facility for homeless single women.

##### **Maida Duncan Women's Drop-in Centre**

A crucial survival resource for marginalized women, this New Westminster drop-in centre offers showers, laundry, hot lunches, clothing and household items, along with social activities and educational upgrading.

##### **Abbotsford Women's Drop-in Centre**

A safe haven for homeless women or those in the sex trade, the centre provides hot lunches, donated clothing and small household items. Women can participate in social activities, do their laundry and access case management services.

##### **Pathways**

Pathways provides semi-independent, small apartments for women who are without resources or are in transition to independent living.

##### **Firth Residence**

Firth Residence in Abbotsford provides transitional housing and support services for women who are single or have children. Clients receive case management and help developing long-term housing plans and accessing community resources.

#### **CHILDREN AND THEIR FAMILIES**

##### **Small Frys Boutique**

Multiple-barriered women operate a children's toy and clothing boutique. While gaining work experience, they learn essential skills, shipping and receiving, accounting, and retail management. Families below the poverty line receive annual points that they use to shop for family needs.

##### **Sheena's Place & Elizabeth Gurney House**

Sheena's Place and Elizabeth Gurney House are shelter homes for women, including those with young children, who are homeless or without resources. In a safe and supportive environment, the shelters provide daily necessities, crisis intervention and support in dealing with addictions, housing, debt and other needs.

### **North Shore Family Preservation Program & Burnaby Integrated Family Program (BIF)**

These programs deliver counselling, intensive family preservation and reunification services to families on the North Shore, in Burnaby or at the Orenda House for youth. Services include in-home or group therapy, parent education and training, and therapeutic visitation.

### **'Am'ut Aboriginal Youth Program**

This is a culture-based, full-time attendance program in which aboriginal youth changing direction in their lives learn to make healthy choices and develop new skills. Visiting elders share knowledge and provide information about aboriginal teachings.

### **OURS (Opportunity, Understanding, Respect, Success)**

OURS conducts research, educational initiatives and programming to help foster awareness about children of prisoners and to assist them in addressing the trauma and shame of parental incarceration and other challenges.

### **EFry Summer Day Camps**

During July and August, EFry offers six free week-long summer day camps for children ages six-to-nine with a parent involved in the justice system. Each week, four instructors will lead 16 children in enjoying a typical camp experience as well as teaching them vital coping, leadership and teambuilding and conflict management skills.

## **Justice System Programs**

### ***WOMEN***

#### **Volunteer Visiting**

At the Surrey Pre-Trial Services Centre, Fraser Valley Institution (FVI) and Alouette Correctional Centre for Women (ACCW), volunteers provide information on community resources, support, and socialization opportunities through social and recreational activities.

#### **Community In-Reach**

At the ACCW, FVI and Surrey Pre-Trial, this program assists women leaving prison to plan for their release and find housing.

#### **Downtown Community Court**

Volunteers assist clients of the community court in understanding and navigating the court process. They accompany clients required to attend services within the court complex, transfer documentation and interact with crown counsel, defense counsel, judges, Corrections staff, Vancouver Health staff and others involved in the court process.

### ***CHILDREN AND THEIR FAMILIES***

#### **Mom & Me**

At the ACCW and Surrey Pre-Trial Centre, the Mom & Me program provides support and programming activities that help women keep in touch with their families.

### **Girls' Prison Advocacy**

This program advocates on behalf of girls in custody at the Burnaby Youth Custody Centre, ensuring they understand their rights and teaching them self-advocacy skills.

### **Burnaby Youth Custody Centre Services**

Volunteers provide recreation, educational opportunities, one-on-one visitation and support for youth in custody.

### **Storybook Program**

EFry's Storybook program brings parents and children together through the power of reading. EFry supplies new, age-appropriate books and records inmate parents reading them aloud. A CD player and the recordings are then sent to their children, giving them an opportunity to share a story together. The Storybook program is one of EFry's most successful prison programs. It is available at Alouette Correctional Centre for Women, Fraser Valley Institution and Surrey Pretrial Centre. Due to its popularity with both mothers and fathers at Surrey Pretrial, the Storybook program was expanded into the all-male Ferndale Institution in early 2010.

## **Recovery and Transition to Independent Living Programs**

### **WOMEN**

#### **Crime and Consequences**

A crime-prevention seminar for those charged with a criminal offence, their families and the public, this program provides information about the criminal justice system.

#### **Shoplifters' Counselling**

This counselling initiative promotes support, education, awareness and relapse-prevention skills for those who want to develop healthy coping mechanisms as an alternative to shoplifting. The groups often serve as an effective component of court-ordered alternative measures and court-authorized diversion.

#### **Ellendale**

EFry was the first organization in Canada to operate a home which accepted opiate-using women, believing that women struggling with addiction need and deserve help in overcoming their issues. Ellendale is a residential program that provides structured relapse prevention support.

#### **Columbia Place**

Columbia Place provides women in transition from prison with housing, counselling and goal planning to prepare them to successfully re-enter their communities and make the move to independent living.

#### **Third Party Administration (TPA)**

The TPA administers funds to clients, helping them receive statutory entitlements and address their individual circumstances. Clients are those banned from receiving services from particular government offices due to their behaviour or their need for higher levels of support and case management.

**Women Working Wonders**

Women Working Wonders helps hard-to-employ and criminalized women acquire the literacy, essential skills and training required for longterm employment.

***CHILDREN AND THEIR FAMILIES*****Transition to New Beginnings**

New Beginnings provides transitional bridge housing for women who are pregnant or with a young infant and who are awaiting access to safe, affordable housing when coming from addictions counselling/treatment.